


December 2024 Seniors' CHOICE menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Orange Chicken - 9105 Brown Rice Green Beans Carrots Wheat Bread / Margarine Apricots Diet: same	Frozen pot luck	Cinci-Style Chili - 9112 w/ Spaghetti (ch b) roast beef w/gravy ch7025 Kidney Beans Broccoli Cinnamon Applesauce Cheddar Cheese (ch A only) Oyster Crackers (ch A only) 2 Wheat Bread / Margarine (ch A only) Santa's List Day 	Meatloaf w/ Gravy - 9072 Mashed Potatoes Carrots Fruit Cocktail Wheat Bread (2 slices) Margarine Diet: same	(ch b) chicken tenders ch7009 Brown Rice Scandinavian Veggies (2 servings) Wheat Bread / Margarine Mandarin Oranges Diet: same
9	10	11	12	13
Salisbury Steak w/ Mushroom Gravy - 9029 Parslied Potatoes Mixed Vegetables Grape Juice 100% Wheat Bread (2 slices) Margarine Diet: same	frozen pot luck	Hamburger - 9071 w/ Swiss American Cheese slice Potato Wedges Broccoli Bun Pineapple Tidbits Mustard / Ketchup Diet: same	Frozen Pot Luck 	Sloppy Joe - 9060 Peas Chuckwagon Corn Bun Peaches Diet: same
16	17	18	19	20
Beef Vegetable Stew - 9001 w/ Peas, Carrots, & Red Skin Potatoes Green Beans Spiced Pears w/ Cranberries Wheat Bread (2 slices) Margarine Diet: same	Frozen Pot Luck 	(ch b) chicken w cherry glaze ch7013 Roasted Root Vegetables Succotash Dinner Roll / Margarine Apple Juice 100% Holiday Sugar Cookie Diet: Graham Crackers	BBQ Beef - 9051 Peas & Onions Potato Wedges Bun Pears Diet: same	Spaghetti & Meatballs - 9035 w/ Marinara & Parmesan Italian Vegetables Spinach / Vinegar Sponge Cake Fruit Punch 100% Diet: same
23	24	25	26	27
Grilled Chicken w/ BBQ Sauce - 9049 Green Beans Yellow Squash Bun Papaya & Mango Diet: same	Frozen Pot Luck		(ch b) meatloaf w/ gravy ch7016 Mashed Potatoes w/ Cheese & Corn Green Beans Baked Cinnamon Apples Biscuit & Margarine Diet: same	(ch b) grilled cheese sandwich ch7063 Italian Vegetables Peas Fruit Cocktail Diet: same
30	31			
Smoked Turkey Sausage w/ Sauerkraut - 9055 Cheesy Mashed Potatoes Green Beans Rye Bread (2 pcs) Peaches Mustard / Ketchup Diet: same	Chicken & Potato Casserole - 9315 California Blend Vegetables (2 servings) Applesauce Wheat Bread (2 slices) Margarine Diet: same New Year's Eve			